



WORK WITH US FOR GOOD



The Y's staff team is a community that will support you and cheer you on through life.

Every day on the job is different, with new opportunities to help others that will bring a smile to your face. We offer competitive pay, a free Y membership, program discounts, and career advancement opportunities. Check out our job openings at ymcawnc.org/careers and join our team today!

FOR ALL, ALWAYS

The YMCA of Western North Carolina is a nonprofit organization committed to helping people reach their full potential through programs that build healthy spirit, mind, and body. We serve people of all ages, backgrounds, abilities, and incomes.

It is our belief that no one should be turned away for their inability to pay. We offer income-based rates on a sliding scale to fit everyone's budget. Funding for this program is made possible through the generous support of our donors to our annual campaign.

Go to ymcawnc.org or call (828) 251-5910 to learn more.



Y AFTERSCHOOL PUTS KIDS FIRST

All children need care and attention to succeed.

The Y's Afterschool childcare programs are staffed by trained professionals who nurture the potential in every child. In addition to providing healthy snacks and time for physical activity, our programs teach social-emotional skills that help kids thrive. Registration for the 2025-26 school year is open.

Spots are limited, so be sure to sign up early! And for a limited time, you can sign up for the remainder of the 2024-25 school year without paying the registration fee. Learn more about the Y's Afterschool programs at ymcawnc.org/afterschool.

DIVE INTO CONFIDENCE

Everyone should know how to swim!

The YMCA's swim lessons teach this lifelong skill to children and adults of all abilities in a safe environment. Our instructors develop techniques, build self-esteem, and foster a positive relationship with the water. Learn more at ymcawnc.org/swimming.



SPRING INTO SPORTS



Kids learn sports fundamentals, make new friends, and develop important life skills at the Y.

Spring signups are now open for flag football and soccer. Learn more about our sports programs at ymcawnc.org/sports.

TAKE YOUR TRAINING TO THE NEXT LEVEL



With personal training, you can get the one-on-one attention you need to achieve your fitness goals.

Whether you're coming back from an injury, focused on building strength, improving sports performance, or prioritizing safety, our certified trainers are here to create a plan tailored for you.

From Jan. 13-26, save 15% on personal training packages. Learn more at ymcawnc.org/training.

GIVE THE GIFT OF TIME



A gift of your time can be just as meaningful as a financial gift.

Volunteers help make so many of our programs possible. If you are looking for opportunities to give time in your community or looking for an opportunity for your family or friend group to serve together, we would love to connect with you.

Your time can help right here in our community. Learn more at ymcawnc.org/volunteer.

Facebook.com/ymcawnc