



WORK WITH US FOR GOOD



The Y’s staff team is a community that will support you and cheer you on through life.

Every day on the job is different, with new opportunities to help others that will bring a smile to your face. We offer competitive pay, a free Y membership, program discounts, and career advancement opportunities. Check out our job openings at ymcawnc.org/careers and join our team today!

FOR ALL, ALWAYS

The YMCA of Western North Carolina is a nonprofit organization committed to helping people reach their full potential through programs that build healthy spirit, mind, and body. We serve people of all ages, backgrounds, abilities, and incomes.

It is our belief that no one should be turned away for their inability to pay. We offer income-based rates on a sliding scale to fit everyone’s budget. Funding for this program is made possible through the generous support of our donors to our annual campaign. Go to ymcawnc.org or call (828) 251-5910 to learn more.

ymcawnc.org
facebook.com/ymcawnc
(828) 251-5910

WRAP UP EXTRA TIME



Let us take care of your kids while you tackle your holiday to-do list, take some quiet time, or get in a workout.

All year long we host fun “Time Out” programs on mornings, evenings, and Friday nights. Drop off the children for a couple of hours while you do something for you! Find our schedules at ymcawnc.org/pto.

GIVE THE GIFT OF TIME



A gift of your time can be just as meaningful as a financial gift.

Volunteers help make so many of our programs possible. If you are looking for opportunities to give time in your community or looking for an opportunity for your family or friend group to serve together, we would love to connect with you. Your time can help right here in our community. Learn more about being a Y volunteer at ymcawnc.org/volunteer.

FEEDING OUR NEIGHBORS



Our mobile food markets bring free, healthy produce and nutrition education to the community each month.

There will be no mobile food markets between Dec. 24–27, so visit early and find our schedules at ymcawnc.org/food.

A close-up photograph of a person's arm with a purple sleeve. There is a small, light-colored bandage on the arm, likely from a blood donation.

GIVE THE GIFT OF LIFE

Support your community and join us for blood drives in partnership with the Red Cross.

Your generous donation can help those in need of lifesaving transfusions. Just one donation can save up to three lives!

- Reuter Family YMCA:
Dec. 13, 9 a.m.–2 p.m.
- Asheville YMCA:
Dec. 26, 9 a.m.–2 p.m.

FOOD FOR THOUGHT

A photograph of a person's hands cutting vegetables on a wooden cutting board. There are tomatoes, green beans, and other vegetables on the board.

Looking for a quick lesson on making nutritious recipes?

Join us for a cooking demo and meal kit giveaways at the Asheville Y on Dec. 11 from 11 a.m. to 12 noon. Shaniqua Simuel from Change Your Palate will be teaching us how to make delicious heirloom collards as well as how to choose healthy food.

IT’S TIME FOR BASKETBALL

Signups for basketball leagues and clinics are open now.

The Y’s approach to youth sports promotes fitness, teamwork, and good sportsmanship in a safe, fun, and low-contact environment. Scan the QR code to find your child’s team.

A square QR code that, when scanned, likely leads to a website where parents can sign up their children for basketball leagues and clinics.