



YOU CAN MAKE A DIFFERENCE AT THE Y



Working with the Y changes lives – including your own.

We offer competitive pay, flexible schedules, and leadership development. Here are a few of the positions we're hiring for now:

Afterschool Youth Mentors: Kids learn, play, make friends, and let their imaginations roam free in Y childcare programs with guidance from caring staff. Positions available for ages 16 and up.

Lifeguards and Swim Instructors: Lifeguarding is fun and has flexible hours. Ready to get in the swim of things? Now hiring ages 15 and up.

These positions offer a variety of hiring bonuses for select positions. See all job openings at ymcawnc.org/jobs.

FOR ALL, ALWAYS

The YMCA of Western North Carolina is a nonprofit organization committed to helping people reach their full potential through programs that build healthy spirit, mind, and body. We serve people of all ages, backgrounds, abilities, and incomes. It is our belief that no one should be turned away for their inability to pay.

Our Y-Access program offers sliding-scale fees designed to fit each individual's or family's financial situation. Funding for this program is made possible through the generous support of our donors to our annual campaign. Go to ymcawnc.org or call (828) 251-5910 to learn more.

ymcawnc.org
facebook.com/ymcawnc
 (828) 251-5910

DONATED LOW ROPES COURSE BENEFITS Y KIDS



Vannoy Construction recently donated their time, materials, and expertise to build a low ropes course for kids at the YMCA Youth Services Center at Beaverdam.

"This project was particularly special to us coming out of COVID-19," said Brian Walker, vice president of Vannoy Construction and member of the YMCA of WNC Board of Directors. "Kids really need opportunities more than ever to get back to socializing and experiencing great role models. The YMCA is excellent at providing this service, as well as providing the needed scholarships for kids that would not otherwise be able to experience it."

Several generous vendors assisted Vannoy with the project, including Kloesel Engineering, United Rentals, Network Distributors, Southern Concrete Materials, and DSG Concrete.

"Low ropes courses help kids build self-confidence and skills such as team cooperation, positive risk-taking, communication, and goal setting," said Melissa Wiedeman, vice president of K-12 Childcare. "Vannoy's generosity will benefit children for years to come."

Registration for YMCA afterschool programs is now open. Year-round childcare includes a household membership to the Y and valuable program discounts. Financial assistance is available. Learn more at ymcawnc.org/childcare.

FIND COMMUNITY AFTER BEREAVEMENT



Grief takes a toll on your spirit, mind, and body.

The Woodfin YMCA is starting a free bereavement support group to help people ages 21 and up cope with the loss of an adult loved one. Peer-led and coordinated by a trained and certified facilitator, Will Weintraub, the group will encourage conversation in a safe, confidential environment.

You do not need to be a Y member to participate. The group meets on the first and third Tuesday of every month. To sign up, email Eric Barsotti at ebarsotti@ymcawnc.org or call (828) 575-2926.

WE CARE ABOUT KEEPING YOU SAFE



Nothing is more important than the health and safety of our team, our members, and the community.

We continue to prioritize your safety with these precautions:

- Enhanced sanitization of equipment, surfaces and areas combined with an increased frequency of cleaning
- Upgraded air filtration systems
- Additional stations for hand sanitizer and disinfecting wipes
- Focus on "no touch" or "low touch" interactions
- Protective barriers in place to reduce contact between staff and members
- Health screenings and temperature checks (childcare only)
- Mandatory COVID-19 education, safety training, and protocols for our entire staff team
- Reservation systems for group exercise classes and racquetball
- Capacity dashboards to show the number of people checked in – go to the locations page at ymcawnc.org/locations and choose your center for real-time data.

INCREASING FOOD SECURITY



The Y feeds kids and community through nutrition outreach.

We offer free healthy produce year-round in five area counties. Go to ymcawnc.org/nutrition to find a mobile food market near you.