

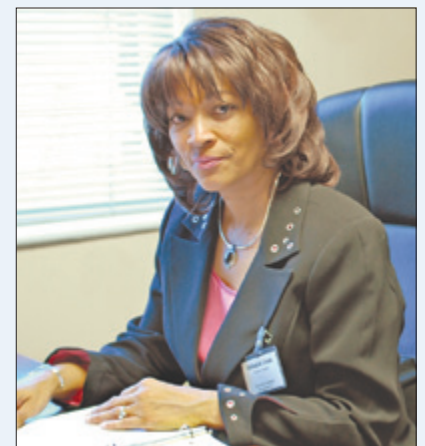
Mount Zion Community Development, Inc.

ECHO (Enhancing Collaborative Health Options & Opportunities)

MOUNT ZION COMMUNITY DEVELOPMENT, INC.



Dr. John H. Grant, Founding Chairman, President, CEO of Mount Zion Community Development, Inc.



Belinda K. Grant, Executive Director of Mount Zion Community Development, Inc. Photo: Urban News

Staff

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Patricia Simpson, Lead Volunteer
Henry Glaze, Transportation Coordinator

Lynette Guillbeaux, Website

Ervette Martin, Social Media

And Volunteers Like You!

Board of Directors

- Linda Glaze: Chair
- Meryl McDonald: Vice-Chair
- Sophie Dixon: Treasurer
- John Coston: Fundraising Tri-Chair (In Memorial)
- Diana Rhodes: Fundraising Tri-Chair
- CiCi Weston: Fundraising Tri-Chair

April is...

National Autism Awareness Month

National Child Abuse Prevention Month

Sexual Assault Awareness and Prevention Month

Sexual Assault Awareness Day of Action, April 2

National Youth Violence Prevention Week, April 8-12

Every Kid Healthy™ Week, April 22-26

Project NAF Community Advisory Board

Denise Duckett
Community Care of NC

Charlene Galloway
Mt. Zion Missionary Baptist Church
Brandon Romstadt, Buncombe County Health & Human Services

Royanna Williams
Business Owner, N^oTyced

Cynthia Yancey, MD
Western NC Community Health Services

World Health Day

CDC has been working around the world for more than 60 years.

Disease knows no borders. In today's interconnected world, diseases can spread from an isolated, rural village to any major city in as little as 36 hours.

The U.S. cannot protect its borders and the health of its citizens without addressing diseases elsewhere in the world. CDC works 24/7 to protect Americans and save lives around the world by detecting and controlling outbreaks at their source. In addition, CDC helps other countries increase their ability to prevent, detect, and respond to health threats on their own.

Source: CDC



National Public Health Week

April 1-7, 2019

We commend the Buncombe County Department of Health &

Human Services for its contributions in public health and services; improving the lives of individuals and families, and raising awareness about public health and prevention in Buncombe County.



Lisa Harper

Message from Lisa Harper

National Infant Immunization Week (NIIW) is an annual observance to highlight the importance of protecting infants from vaccine-pre-

ventable diseases and to celebrate the achievements of immunization programs and their partners in promoting healthy communities. Please discuss any concerns you have about immunizations with your medical provider.

Source: CDC



National Infant Immunization Week
IMMUNIZATION. POWER TO PROTECT.

Message from Sapphire De'Bellott

National Youth HIV and AIDS Awareness Day



April 10th is National Youth HIV and AIDS Awareness Day (NYHAAD). This day serves as a reminder that investing in young people's health and education is a critical step to achieving an AIDS-free generation. This annual observance was created in 2013 by partners to educate the public about the impact of HIV/AIDS on youth.

April is also STD Awareness Month, an annual observance to raise public awareness about the impact of STDs/STIs on the lives of Americans and the importance of preventing, testing for, and treating STDs. Project EMPOWER implements an evidence-based curriculum to educate youth and teens about teen pregnancy prevention, HIV/AIDS and STIs. Please take the time to talk to your youth or teen about sexual health.

Source: CDC



Sapphire De'Bellott

PROJECT EMPOWER

Education Means Power



Project EMPOWER Community Advisory Council

Daisy Garcia, Teen Representative, Asheville High School

Johnnie Grant, *The Urban News*

Dr. Randall Johnson, Asheville City Schools District

Tracey Childers, Devin Lipford, WNCAP
Rasheeda McDaniel, Buncombe County Government

Carly Woods, Teen Representative, Asheville High School

National Minority Health Month



Step up to the challenge to be #ActiveandHealthy. Learn more at minorityhealth.hhs.gov.