

# AARP®

## Real Possibilities

### Who Doesn't Like a Delightful Surprise?

Every spring we are graced with a delightful surprise—warmer weather, colorful flowers emerging from the earth, red buds appearing on trees and baby animals gracing the pastures.



Although spring is not exactly a “surprise,” as the colorful sights, song bird sounds, new plant life scents and the feeling of a gentle warm breeze occur every year around this time. Somehow, the changes of the seasons surprise and wake up the senses after several months of colder weather and monotone colors.

AARP in the Mountain Region and our partners want to surprise and delight you. You probably already know that we advocate for the financial and health security of Americans who are age fifty plus AND that we offer community programs to support caregivers, prevent fraud and manage money. This month, we want to show you that AARP has much more to offer / much more to surprise and delight you!

### Real Presence, Real Possibilities AARP in Your Community

#### Upcoming Real Possibilities



#### Mind the Gap Intergenerational Theater Project: Connect, Share and Perform!

*Mind the Gap* is a 4-day intergenerational theatre workshop in which youth [14-18] and elders [60+] come together to create and present a performance inspired by each other's life stories. Program is free and no theatre experience is required to participate!

*Mind the Gap* participants must be available June 26-29, enjoy connecting with youth and older adults, and be comfortable in front of an audience.

**NEW YORK  
THEATRE  
WORKSHOP**

**Are you interested in learning more?**

Contact your AARP Associate State Director, Rebecca at (828) 380-6242 or email [rchaplin@aarp.org](mailto:rchaplin@aarp.org).



## Dance Your Cares Away at the Sock Hop

**Saturday, May 5th, 2018**

6-8:30 p.m. at the Downtown Asheville YMCA, 30 Woodfin St., Asheville, NC 28801

Whether you have dancing experience or two left feet, join us for a night of fun on May 5th for a Sock Hop. This event is especially designed for healthy adults with cognitive challenges and their caregivers. Celebrate life with us as we use music and dance to bridge generations and bring community together in a safe and supportive setting.



Contact Rebecca Chaplin, [rchaplin@aarp.org](mailto:rchaplin@aarp.org) or (828) 380-6242, for more information.



Let us know if you plan to attend! Please RSVP at any WNC YMCA front desk.

Cost: Free to YMCA members and \$5 for non-members. Onsite childcare available for an additional fee, registration required, call (828) 210-9622 for more information.



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