

SHILOH Community Association



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For more information about the Shiloh Community Association and monthly events call Mrs. Norma Baynes at (828) 242-0225.

Shiloh Community Association's Storytelling Day and Bike Rodeo

Storytelling is the conveying of events in words and images, often by improvisation or embellishment. Stories or narratives have been shared in every culture as a means of entertainment, education, cultural preservation, and to instill moral values.

On Saturday, June 8, the Shiloh Community Association presented its own Storytelling & Bike Rodeo Day to a spectacular crowd. The event took place at the thriving Shiloh community garden pavilion and Friendship Community Center. This special event was the result of a partnership between many different organizations, including The Shiloh

Community Association, Asheville Parks, Recreation and Cultural Arts, ABIPA, the Tupelo Honey Cafe, and the YMCA of Western Carolina.

The evening was kicked off with an introduction ceremony and prayer, followed by the entire gathering joining in the favorite song, "We Are Family." Mrs. Anita White-Carter was the featured storyteller for the event. Packed with props and accessories to highlight different parts of her story, Mrs. Carter told a stirring classic African story to the audience. The story served as not only a moral lesson, but as a journey of the imagination and spirit.

At the close of her tale, Mrs. Carter took the time to share the rich history of the Shiloh community, offering the community an opportunity to celebrate the past and discover new futures.

Following the story session, everyone (especially families and kids) was invited to participate in the Bike Rodeo at the Friendship Community Center. Utilizing the bike skills and safety knowledge of the Asheville Police Bike Force, Asheville on Bikes, and Liberty Bikes, participants were shown proper safety procedures for riding bikes, as well as attempting to traverse a course set up in the parking lot.

After working up a sweat in the hot



summer sun, the community was invited back to the garden to enjoy the kickoff of the Summer Storytelling & Supper series provided by Tupelo Honey – and served by the restaurant's founders and head chef.



Shiloh Community Center will host its next Summer Supper on Saturday, July 20, from 4-6 p.m.

Shiloh Community Activities

Line Dancing, Health Assessments, and Free Massage – 1st Monday of each month, 5:30-6:30 p.m.

Association Meeting – 1st Monday of each month, 6:30-8 p.m.

Senior Fellowship/Lunch & Learn Heart Health – Wednesdays, 12:30 to 2:30 p.m.

Exercise Classes – 2nd, 3rd, and 4th Mondays, 6-7 p.m.; Thursdays, 12 noon to 1 p.m.

Diabetes Prevention Program

The YMCA's Diabetes Prevention Program helps those at high risk of developing type 2 diabetes adopt and maintain healthy lifestyles by eating healthier, increasing physical activity, and losing a modest amount of weight in order to reduce their chances of developing the disease. For more information or to fill out an application to participate, please call Mrs. Norma Baynes at (828) 242-0225.

A special thank you to our community collaborators



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HOURS:

8 A.M. - 5 P.M.
 Mon., Tues., and Fri.
 Closed - Wed.
 8 A.M. - 7 P.M. Thurs.
 9 A.M. - Noon Sat.

Summer School for Your Spirit

At Mills River Presbyterian Church

STAFF REPORTS

The second of three "Summer School for Your Spirit" programs will be held at Mills River Presbyterian Church on Wednesday, July 17 from 5:45 to 6:45 p.m. "Our Changing World" will be hosted by Dr. Gene Scruggs, a retired professor of 17th-century French literature.

Sessions are free, and all adults in the Asheville and Hendersonville areas are invited to participate. Dr. Scruggs has taught at Appalachian State University and East Kentucky University; he previously served as Director of the Overseas and Exchange program along with the Study Abroad program at the University of South

Florida. In 2002 he was awarded the Palme d'Academie by the French Government for his work at spreading French culture.

The July 17 discussion centers on major trends and paradigm shifts occurring in the present day. Topics include aging populations, energy production, robotics, the changing workplace, new health therapies, genetic engineering, immigration, and rapidly-expanding communication technologies.

"This is a wonderful opportunity to learn from a true scholar about each of these topics in detail," says Randall Boggs, pastor at Mills River Presbyterian Church. "Whether you're interested in one or all of the sessions, everyone is welcome to join us. There's no registration in advance, the program is free, and the setting is very casual."

The one-hour classes begin in the Fellowship Hall of the church, located at 10 Presbyterian Church Road in Mills River (off School House Road).

For more information, call the church office at (828) 891-7101.

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