

SHILOH Community Association



Executive Board

Sophie Dixon, President
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Joan Martinez, Treasurer
Norma Baynes, Liaison
Elder Alton Shade, Chaplain

For more information about the Shiloh Community Association and monthly events call Mrs. Norma Baynes at (828) 242-0225.

The Shiloh Community Pays Tribute to *Jessica Lytle*

By Norma Baynes



In January of 2013 Jessica Lytle attended her first Shiloh Association meeting. Her first project was to help rebuild and create a thriving a new compost bin. Jessica jumped right in to help, asking

where she could bring her compost as a contribution. Every Saturday from 10:00 until 1:00 Jessica worked in the garden helping to prepare the raised beds for spring planting. Jessica always brought good cheer and a warm heart as she worked in the garden, in spite of the cold snow and rain.

As spring approached, Jessica planted starter seedling sets, which she took home to nurture. Her presence was the catalyst that galvanized our group of

Shiloh residents. Community members admired her team spirit, and along with UNC Asheville and Warren Wilson College students she helped to transform the Shiloh Gardens.

With the promise of spring in sight and high hopes for the garden and community, Jessica unexpectedly passed away in her sleep four days after Easter. It was a great loss to the Shiloh community and the many new friends she had made. The following Saturday, community members and students worked in the Shiloh Gardens in her honor, and paid tribute to Jessica through song and stories.

Jessica was a Certified Nursing Assistant and also a nursing student at South College. She was a member of the New Visions Missionary Baptist Church.

We will miss you, Jessica, and always feel your presence at the Shiloh Gardens.

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Now enrolling for the YMCA Diabetes Prevention Program in Shiloh

The YMCA's Diabetes Prevention Program helps those at high risk of developing Type 2 diabetes adopt and maintain healthy lifestyles by eating

healthier, increasing physical activity and losing a modest amount of weight in order to reduce their chances of developing the disease. If you are interested in finding out more information and filling out an application to participate please call Mrs. Norma Baynes.

Thank you to the YMCA of WNC for their continued support of the programming provided by the Shiloh Community Association.



Shiloh Community Meetings

First Monday of Each Month

Line Dancing, Health Assessments, and Free Massage	5:30 – 6:30 p.m.
Association Meeting	6:30-8:00 p.m.
Senior Fellowship/ Lunch & Learn: Heart Health	Wednesdays 12:30 – 2:30 p.m.
Exercise Classes	2nd, 3rd, 4th Mondays – 6:00-7:00 p.m. Thursdays – 12:00 noon-1:00 p.m.

