

TRENDS

Back-to-School Savings for the Classroom and Dorm Room

If you're looking for good buys at really good prices, your local resale/thrift shops are a one-stop shopping spot for clothes, household items, small appliances, second hand furniture, and computers.



Ever wonder WHY YOUR EMAILS GO unanswered?

While there can be any number of reasons, one of them might be because you didn't put something in the subject line, or you used a title of your attachment that was a number. A lot of emails get deleted or are not even delivered when there is no subject line and attachments get overlooked when they have only a generic or program generated name.

There are some basic rules to sending emails, and though a lot of them are very business focused, they also apply to everyday use too.

For more tips visit <http://office.microsoft.com>

Getting the **BACK-TO-SCHOOL** State of Mind

The Staples® commercial called it the most wonderful time of the year—and while it may not be as good as Christmas, it can be enjoyable if you prepare. Here are some tips that parents can make going back to school less stressful and enjoyable.

For grade-school kids: start two weeks ahead of time.

- Reestablish routines—bedtime, medications, and mealtimes
- Give short writing and math assignments
- Talk to them about their expectations and let them know yours

Don't worry if they don't offer a lot. Dream with them about the possibilities—they may not seem to be listening, but they are.

For college students:

- Buy supplies in bulk—take a 2 month supply of detergent with leave the rest home
- Buy only white towels and wash cloths—so they can be washed with the white clothes
- Name-stamp or Sharpie® your name in all of your clothes
- Use a lingerie bag for underwear and socks—keeps items from going missing
- If you don't want to iron, flatten your clothes under the mattress
- Start your coupon collection and use them for discounts on food and local services
- Familiarize yourself with local taxi and transit by putting those numbers in your phone

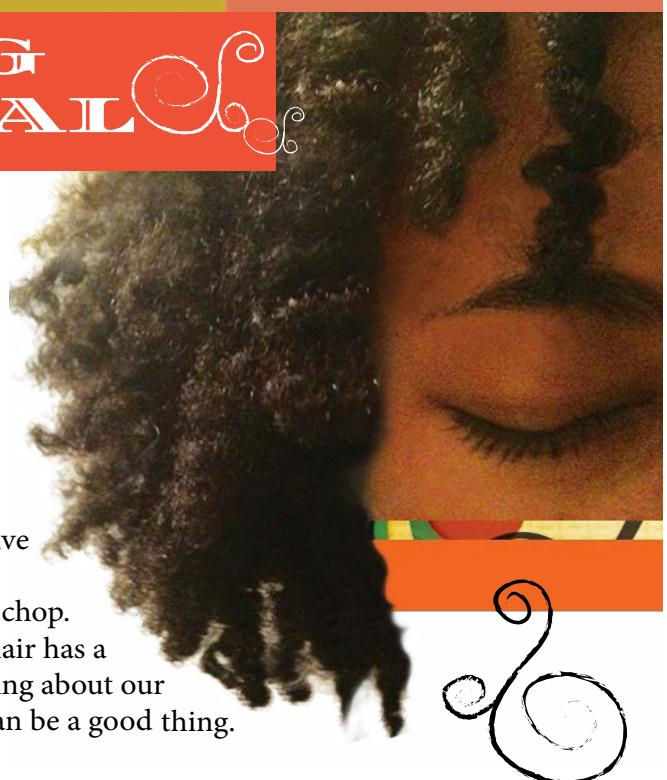
YOUR STUFF
MY STUFF
LIFE STUFF

By:
Jacqueline
Thompson

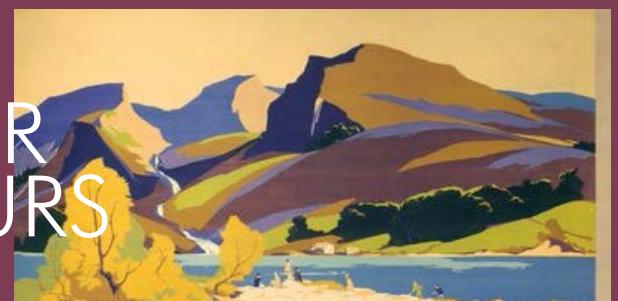
GOING NATURAL

Since "press and curl" is a distant memory for some and mystery to others, going natural may just be a solution to the expense and time of getting your hair done.

Natural hair is a multi-million dollar industry with major product lines. The consumer community is active and supportive with hair care "how to videos", and support for surviving the big chop. Almost anyone who has natural hair has a story and is willing to share. Talking about our hair is good and Going Natural can be a good thing.



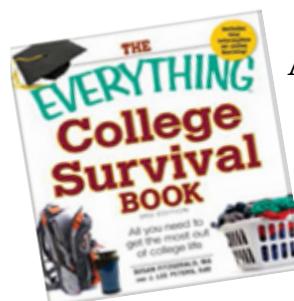
OFF-CAMPUS LIVING MAKE YOUR SPACE YOURS



CUSTOM LAMPSHADES AND WINDOW SHADES

Looking for a way to make your bathroom or kitchen stand out? Your chosen image can be digitally made into a beautiful lampshade or window shade. It is made-to-measure materials that can add elegance and the custom accent that makes your space original. For more tips visit www.surfaceview.co.uk

The Everything College Survival Book, 3rd Edition



All you need to get the most out of college life

By Susan Fitzgerald, MA
and J. Lee Peters, EdD

Will your classes be as fun and exciting as they sound in the course catalog? Or will you find that you need to take advantage of your professors' office hours in order to keep up? Will ramen become your only meal? Will you get along with your roommate? From handling studying and dorm life to parties and campus safety, this guide gives you straight answers to help you survive college life.