

# AARP®

## Real Possibilities

## Real Presence, Real Possibilities, AARP in Your Community

### Upcoming REAL Possibilities

#### What do you think of when you think AARP?

When I ask this question from an audience, the most common responses include: insurance, discounts, advocating for my rights and membership program. AARP has all of those attributes – AND so much more.

The AARP organization has recently made a shift from a national organization to a nation-wide organization. This means that we are showing up in communities across the nation with teams of staff and volunteers to make our communities a better place to age for current and future generations.

We are committed to advocating for bedrock programs that protect the financial and health security of people over 50, such as Medicare and Social Security. At the same time, our team is on the ground in communities – educating, advocating and working with partners to make communities more livable for all ages and ability levels.

While we fight for financial and health security through state and federal legislation, we also recognize that some of the greatest changes can occur closest to home. For this reason, we provide opportunities for people to empower themselves with the tools they need for optimal health, wealth and self (personal fulfillment).

Programs and initiatives AARP provides help equip people for caregiving responsibilities, balancing finances, using technology, preventing fraud & scams. We also help lead the movement to break down negative stereotypes about aging.

Find out for yourself on Wednesday, January 10<sup>th</sup> from 4-6:30 p.m. at the Salvage Station on Riverside Drive in Asheville.

The Disrupt Aging Community Health Challenge Celebration will provide an opportunity to learn about how community members are breaking down stereotypes through a challenge initiated by AARP and the YMCA of WNC. Together, we are working to disrupt stereotypes and change the conversation about aging.

Musicians, dancers, poets, mimes and all with talent are welcome share their gifts and inspire others at the talent show for this event. Visit [disruptagingchallenge.org](http://disruptagingchallenge.org) or contact Rebecca at (828) 380-6242 for details.

#### Join us!

If dedication and creativity could be transformed into electricity, the people over fifty in Western North Carolina would light up neighborhoods – older adults in our community are a rich resource. AARP recognizes the potential to channel this energy for positive outcomes in our community; for this reason our organization is fueled by volunteers.

Do you have a passion for making our community a better place to age for current and future generations? Do you want to advocate for changes to legislation to protect foundational programs like Medicare and Social Security? Join us!

We have two volunteer recruitment sessions coming up where you can learn more about joining the movement. Our team is committed to challenging outdated beliefs and sparking new solutions for aging in Western North Carolina.



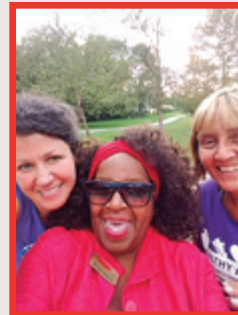
#### Celebrate the Changing Face of Aging: Disrupt Aging Challenge Celebration

Wednesday, January 10th

4–6:30 p.m. at the Salvage Station, 468 Riverside Drive, Asheville 28801. Register: (828) 575-2904 or [aarp.cvent.com/DACHCBuncombe](http://aarp.cvent.com/DACHCBuncombe)

Enjoy a celebration with food, fun, awards, and prizes. Hear how residents of Buncombe, McDowell and Henderson counties are changing the face of aging!

Community members are invited to show their talent and earn prizes at the Open Mic from 5-6 p.m. Contact Rebecca if you plan to participate in the Open Mic portion of the celebration.



#### HomeComing Job Fair

Wednesday, January 17

11 a.m. – 4 p.m. at the WNC Agricultural Center, 1301 Fanning Bridge Road, Fletcher, 28732. Register: [aarp.cvent.com/HomeComingJobFair2018](http://aarp.cvent.com/HomeComingJobFair2018) (or just show up!)

Find your career in 2018! The Economic Development Coalition and the Asheville Area Chamber of Commerce partner with top companies to promote career opportunities in advanced manufacturing, technology, health care, tourism, professional services, and other growth industries in Western North Carolina.

Residents, students, graduates and former residents are encouraged to attend this one-stop opportunity to meet directly with representatives from companies that will be hiring in 2018.

AARP will offer two training sessions, Job Search in the Digital Age, at 11:30 to 12:30 p.m., and 1:30 to 2:30 p.m. It's a digital world. Understanding how to use all the available tools to your advantage is essential in today's job market. Learn how to improve your chances of landing the right job.



#### We Need YOU!

Thursday, January 18th

4–6 p.m. at The Phoenix, Brevard, 14 S. Gaston Street, Brevard, 28712. Register: [aarp.cvent.com/brevardvol](http://aarp.cvent.com/brevardvol) or 877-926-8300



#### Volunteer

Thursday, January 25th

1:30 – 3 p.m. at Black Mtn. College Museum & Arts Center, 56 Broadway St., Asheville, 28801. Register: [aarp.cvent.com/blackmtvol](http://aarp.cvent.com/blackmtvol) or 877-926-8300

Are you looking for that special “something” that allows you to give back to your community? Many AARP members across North Carolina volunteer to improve the lives of their families and neighbors.

We invite you to consider joining other AARP members and become a part of the effort to make a positive impact in your community.

Join us for a practical, energizing overview of simple steps you can take to identify modifications will assure that your home is safe and accessible. An AARP HomeFit workshop can help you make where you live a life-long home that's comfortable, safe, and a great fit!

#### HomeFit

Tuesday, January 23rd

5–6:30 p.m. at Corpening Memorial YMCA in Marion, NC. Register: (828) 659-9622, [aarp.cvent.com/HomeFitMarion2018](http://aarp.cvent.com/HomeFitMarion2018)

Join us for a practical, energizing overview of simple steps you can take to identify modifications will assure that your home is safe and accessible. An AARP HomeFit workshop can help you make where you live a life-long home that's comfortable, safe, and a great fit!

#### Walk with Purpose: Oklawaha Greenway

Friday, January 26th

10 a.m. until 12 noon at Jackson Park in Henderson County. Meet at the top of the hill near the house. Register: [aarp.cvent.com/WalkOklawaha](http://aarp.cvent.com/WalkOklawaha) or 877-9268300

Experience the Oklawaha Greenway and learn more about the greenway infrastructure developing in Henderson County. Join us for either a 1- or 5-mile option.

#### Operation Stop Scams

Tuesday, January 30

2–3:30 p.m. at Mars Hill Retirement Community, 170 S Main St., Mars Hill 28754. Register: [aarp.cvent.com/StopScamsMarsHill](http://aarp.cvent.com/StopScamsMarsHill) or (828) 689-7970

Every two seconds someone's identity is stolen. But you can take steps to protect yourself. Attendees will receive the AARP Watchdog Alert Handbook that offers tips and phone numbers to help you fight fraud and scams.



Contact Rebecca Chaplin, [rchaplin@aarp.org](mailto:rchaplin@aarp.org) or (828) 380-6242, for more information.

[aarp.org](http://aarp.org)

