

Gateway Buncombe National Fatherhood Initiative Program



24/7 Dad® AM/PM Programs

Designed to accomplish three objectives that are vital to creating involved, responsible, committed fathers: increasing awareness and knowledge among fathers about the elements for being good fathers and the capacity or skills to carry out what they learn.

The philosophy, morals, and values that underline the 24/7 Dad programs leads to the following five characteristics that exemplify the traits and qualities of an involved, responsible, and committed father.



Supporters and Sponsors

Sponsored by and in collaboration with the following:

- Buncombe County Health and Human Services
- Buncombe Child Support Services
- Buncombe County Sheriff Department
- Greater Works Church of God in Christ
- In kind supportive partnerships from literacy, health, legal and financial providers.

Gateway Buncombe National Fatherhood Initiative is also working in collaboration with Asheville judicial courts and legal representatives.

Affiliation:
National Fatherhood Initiative®
www.fatherhood.org

24/7 Dad® AM-PM Evidence Based Program

Providing tools needed to form and sustain healthy relationships and promote fathers engagement and connections with their children.

Self-Awareness: The 24/7 Dad is aware of himself as a man and aware of how important he is to his family.

Caring For Self: The 24/7 Dad takes care of himself. He gets annual physicals, eats the right foods, works out to stay in shape and learns about the world he lives in.

Fathering Skills: The 24/7 Dad knows his role in the family. He knows he is a model for his sons on how to be good man/father and for his daughters on what they should look for in a husband and father and for their children.

Parenting Skills: 24/7 Dad nurtures his children. He knows how his parenting skills help to develop their physical emotional, intellectual, social, spiritual, and creative needs.

Relationship Skills: The 24/7 Dad builds and maintains healthy relationships with his children, wife/mother of his children, other family members, friends, and community.



- Family History
- What it Means to Be a Man
- Showing and Handling Feelings
- Men's Health
- Communication
- The Father's Role
- Discipline
- Children's Growth
- Getting Involved with your Child(ren)
- Working with Mom & Co-Parenting

Topics Covered in 24/7 Dad® PM

Great for dads who are ready to deal with more in-depth fathering subject matter:

- Fathering and the 24/7 Dad
- Boyhood to Manhood
- Dealing with Anger
- Knowing Myself (Self-Worth)
- Family Ties
- Sex, Love, Relationships
- Power and Control
- Competition and Fathering
- Improving my Communication Skills
- Fun with the Kids



"The quality of a father can be seen in the goals, dreams and aspirations he sets not only for himself, but for his family."

~ Reed Markham

National Fatherhood Initiative®



24/7 Dad® Program Schedule

AM Program

- Six-Weeks Training
- 12 Lessons (2 lessons per week)
- Mondays from 6 p.m. to 7:45 p.m.

PM Program

- Six-Weeks Training
- 12 Lessons (2 lessons per week)
- Wednesdays from 6 p.m. to 7:45 p.m.

Classes are limited to a maximum of 15 participants.

Cost

No cost to BCHHS or BCSS Referrals

Individuals: \$15 per class or \$360 entire program.

Fee covers program materials and refreshments. Participants will need to pay a \$30 deposit to hold a spot in program. Payment accepted in the following forms: debit/credit cards, money orders, checks, and/or cash.

For more information or to register, call (828) 279-3312.

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25 Forsythe Street, Asheville, NC 28801

Held at Greater Works Church, Ronald Gates, Director

(828) 279-3312 • www.gatewaycoachinggroup.com